

Dear Theodorians

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"All you need is love. But a little chocolate now and then doesn't

hurt."

Charles M. Schulz

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The late Charles Schulz, the creator of the comic-strip, Peanuts, was onto something when he quipped the words quoted above. Love, respect, kindness, acceptance, gratitude...words all related to values and actions that we hold dear at Theodor Herzl Schools. With Friendship Day on 14<sup>th</sup> February fast -approaching, chocolate will not be in short supply either, I am sure! The words do, I believe, also reinforce a life-lesson for all of us: a healthy mix of the serious with a touch of humour is necessary.

As mentioned in an earlier newsletter, the value of *Ubuntu* is our chosen theme for 2024 at Theodor Herzl Schools (from Pre-Primary to High School). With Ubuntu meaning "I am, because you are", it reinforces the notion that a **person is a person through other people.** It reiterates the idea of community being one of the cornerstones of our society. The timing of its choice could not have been better.

The past few weeks (yes, it is hard to believe that we returned to school just only 3 weeks ago – it feels like months!), has seen so much happen at all three of our schools. From a wonderfully supported Pre-Primary and Primary School (Foundation Phase) Picnic, to our special Matric Tie Ceremony and last night our Grade 9 – 12 Prize Giving ceremony, the spirit of Ubuntu has certainly been on full display. The year HAS started with much flurry, and it has started well.



With our values intentionally lived out and referred to in the day-to-day life of all who are Theodor Herzl Schools, yesterday bore witness to a tangible acknowledgement of our theme at the High School. With classes having had numerous informal conversations about **Ubuntu**, it was decided that the image of a tree be painted on a prominent wall in our new High School quad, with the hand-prints of each student and staff member placed on the branches of the tree. A visible reminder of our commitment to this value and its importance.

Our theme is also wound up in the "mental wellness" of each of us. I thank Mrs Elzaan Cothill, our Counselling Psychologist, who has inspired the depiction of the tree and its significance and Mrs Ros Dorfling, our Head of Visual Art, as well as Art students who painted the tree.

On the cultural and sporting front, ALL schools are wholly involved in the "buzzing life" of school. From Kinderkinetics and a whole host of other fun activities at our Pre-Primary School, to the Primary School in full swing with sports matches and cultural events (chess leagues and tournaments have returned!) – it is good to see our children engaged in healthy activities. Our High School has also started with a bang. Our first Debating league match of the year commenced yesterday, along with Gavel Club, Chess league-practices and tennis, basketball and cricket matches taking place too. Kellen Jones, our EP swimmer, continues to make waves in the inter schools' swimming galas, while fifteen of our athletes were selected to participate in the Gqeberha zonal athletics championships. The recent Basketball, Cricket and Tennis tours to East London/and Grahamstown/Port Alfred, along with our IH Gala and Athletic events reflect the business of life.



Our Schools are busy and healthy spaces.

As reflected in a recent newsletter, our recent Jewish Festival of TuBiShvat and its symbolic significance, brought us back to a state of quiet, peace and reflection. Mental and spiritual wellness is vital in our busy world.

The following article is an interesting one and certainly related to our children (and possibly our own) mental health. Entitled, "The correlation between the cancel culture and resilience", the article/blog is certainly worthy of reading.

Some interesting perspectives for all of us. The link is:

https://growingleaders.com/the-correlation-between-cancel-culture-and-resilience-instudents/

I wish you a good weekend ahead; hopefully a restful one!

Kind regards

Viktor
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**Viktor Kurz** 

**Executive Principal** 

## We feel proud of...



*Kellen Jones* participated in the EC Aquatics and NMBA Open Water Championships held at Marina Martinique on the 28 and 29<sup>th</sup> January. Kellen has been selected to represent Eastern Cape Aquatics at this year's Open Water Nationals, which will take place from the 8-10 March. He will be swimming the 5km/3km/1.5km.





Congratulations to *Enrique Claassen*, *Blake Boggenpoel* and *Levi Boggenpoel* on their exceptional chess achievements!



Our special Tu B' Shevat Assembly, organised by our Judaica Department. The Tub' Shevat Festival celebrates the "New Year of the Trees." A wonderful moment to pause and reflect.



## **Pre- Primary School News**

Our Pre-Primary School families enjoyed a lovely picnic on campus last week.



Our Theodorables absolutely love their playground.



## **Primary School News**

Polly Plus visited our Grade 1s this week. Who says Maths is boring?



On Tuesday 6 February our Foundation Phase families enjoyed a wonderful evening on our fields. Our parents connected while our awesome teachers provided fun and games for our children!



## **High School News**

A fun moment captured with a SELFIE! Our teachers felt very proud of our High School Academic, Cultural and Sport achievers who were acknowledged at a very prestigious Prize Giving last night.



## Sports News

#### Primary Sports Department

News from *Coach Petro Petratos:* 

6 February	U9 Cricket	Brylin	Lost by 6 runs
6 February	Open Tennis	Clarendon A	Draw 21-21
7 February	U13 Cricket	Bluewater Bay A	Won by 8 wickets
8 February	U11 Cricket	Kroneberg A	Lost
8 February	Open Tennis	Sunridge	Won 41-15

#### High School Sports Department

#### News from *Mr Jason Hyam*:

*Janreu Oosthuizen* top scored with 63 runs from 38 balls in Wednesday's Cricket match against Woodridge. The match went down to the last ball and ended in a draw!



#### **Important notices**

# THEODOR HERZL HIGH SCHOOL PRESENTS

WILLIAM SHAKESPEARE'S

DIRECTED BY NIQUI CLOETE - BARRASS

CHOREOGRAPHY BY CHIREEN STRONAGE LIGHTING DESIGN BY DAVID LIMBERT

## April 11 - 18

**Theodor Herzl School Hall** 

Tickets available on

Quicket

@R120 or R100

for block bookings of 20 or more Bookings Open: 1 March



Maths, Math-Lit & Science

Peeps

Do you need EXPRA GELP?

Mrs Schmidt is available! Visit the Music Room (old Bio Room)

### Mondays to Thursdays 07:00 - 07:40

Bring your questions and get extra help. Come for as long as you like, When you like!





Should you wish to use the DRIVE THROUGH, adhere to these rules:

PLEASE DO NOT park in our DRIVE THROUGH. We need to keep the FLOW going in order to help as many parents as possible.

When you drop your children in the mornings they must have all their bags, etc ready to exit the vehicle on the left. NO Parents are to exit the car on the right side to assist children. There are parking bays available for this.



Theodor Herzl Schools

ACHIEVING EXCELLENCE WITH HEAD AND HEART