



Aidollescence

How to parent in the
age of ai?



Interactive Learning

3 Sections

- Interactive-style
- Background and understanding
- Basic real-world methods
- Reality check Framework
- Duration: 1.5 hours

Are you ready to raise teens in a world run by AI?

Artificial Intelligence is no longer just changing work; it is reshaping childhood itself. Social feeds, homework helpers, virtual friends, even deep-fake bullies—your child meets them long before they meet their first employer. AI-dolscence is a practical 3-part master-class that gives parents, educators, and caregivers the insight and tools to guide adolescents safely through this super-charged digital era.

Led by **Ajit Gopalakrishnan**, EdTech pioneer and father, the workshop combines tech literacy with hands-on strategy so families can thrive— not just survive— in an algorithmic world.

Why this matters — Why now?

In our effort to give our **children** access to **technology** we have inadvertently given technology access to **our children**. Adolescence is already a roller-coaster; add personalised algorithms and the slope steepens. Understanding the tech—and its psychology—**turns fear into informed guidance**. This talk arms you with insight, guardrails, and a repeatable framework so your teens can explore, create, and grow ... safely.

Programme

PART 1

How did we get here?

Background and a practical understanding of the risks facing children in today's digital world (now supercharged by ai) especially in their most vulnerable adolescent years.

PART 2

How to mitigate the impact.

Real world insights in which adults can limit the negative impact of this tech on themselves and their children.

PART 3

Frame for continuous improvement.

A framework for assessing the risk facing one's own child(ren) and the ways they can be assisted by parents and schools to develop the skills required to navigate the increasingly digital ai world



Aidolence

Who should attend?

- Parents & guardians of kids 10-18
- Teachers, counsellors & school leadership
- Youth-facing NGO staff
- Anyone concerned with digital child-safety

Making a Difference

100% of your fee will go to Odin's **Omang Foundation** in aid of our core mission to provide cutting edge EdTech access to under-privileged learners.



✓ B-BBEE Level 1

The Omang Foundation is a registered **non-profit organisation** founded as part of the Odin Education Ecosystem. The foundation maintains a total beneficiary base of >90% black youth under the age of 18 and is able to provide a **Section 18A certificate** for all contributions.



Course Outline

PART 1

How did we get here?

- Advertising Agency
- Casino Concept
- What product?
- True facts
- Popularising Populism
- Father Figure
- Instant Intimacy
- This-connected

PART 2

How to mitigate the impact.

- No-tification
- You Drive
- Stay Single
- Meet me
- Contra-addiction
- Time Pillow

PART 3

Frame for continuous improvement.

- Reality Check Framework
- Key Skills
- Self Assessment



Parent Forward with Confidence

Our hope is that, by the end of this conversation, you'll feel better equipped to recognise AI-related risks, introduce sensible safeguards, and support your children as they grow up online. At Odin Education we see this as part of a wider mission: helping families and schools work together so young people can explore technology with confidence, curiosity, and care.

Ajit Gopalakrishnan: Leading Education with Vision

At the helm of Odin Education—a division of **Jendamark Automation**—stands Ajit Gopalakrishnan, a versatile leader whose professional journey traverses diverse sectors including education, engineering, marketing, and management. Ajit's academic foundation is as robust as his career, with an engineering degree from the University of Cape Town and a master's from the Royal Melbourne Institute of Technology.

Ajit's vision extends beyond the boardroom; he is fiercely committed to **transforming education** to be **safe, personalized and future relevant** for our children, ensuring that the abundant raw talent in our country is no longer squandered. His dedication is fueled by a belief in the transformative power of education and a desire to foster a society where technology is a force for positive change.

His perspective is nuanced and critical, often echoing the sentiments of thought leaders like Sir Ken Robinson, with reflections on the true nature of connectivity in the digital age. Ajit lives by a potent mantra: **"Make a difference, or die trying,"** a commitment to societal impact that is both inspiring and a testament to his relentless pursuit of a better future for all.

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The Future of Education. Now.

